

Congressional District 7

1,303 adults participated in a prevention program and completed a survey.

333,616 parents and professionals served through a direct service, an outreach event, or impacted through social media.

Parent Education & Home Visiting | 12 Programs

After program completion, **818 participants** selected from a list of **12 possible benefits** received from the program. Results indicate:

- 97%** had better stress management skills.
- 95%** had better anger management skills.
- 96%** were better able to recognize when at risk of using harsh, ineffective parenting.
- 89%** had more knowledge about what child sexual abuse is.
- 93%** had more knowledge about what child physical abuse is.
- 95%** had more knowledge about what child emotional abuse is.

- 97%** were more committed to getting their child appropriate medical care when needed.
- 99%** had better parenting skills.
- 99%** used more positive parenting skills that teach and guide their children in a loving way rather than harshly.
- 94%** knew more about how to get help in their community.
- 94%** used community resources more consistently.
- 92%** sought support from friends, family, or others more often.

Respite Care | 1 Program

After program completion, **122 participants** selected from a list of **10 possible benefits** received from the program. Results indicate:

- 93%** had better stress management skills.
- 100%** were better able to control important things in their life.
- 100%** were better able to cope effectively.
- 98%** were better able to recognize when at risk of using harsh, ineffective parenting.
- 100%** were better able to overcome difficulties.

- 99%** were better able to view their child in a positive light.
- 90%** knew more about resources in their community.
- 92%** used community resources more consistently.
- 90%** sought support from friends, family, or others more often.
- 97%** took more time for personal self-care needs.

Fatherhood | 3 Programs

After program completion, **363 participants** selected from a list of **29 possible benefits** received from the program. The benefits were grouped into **9** categories. Results indicate:

- 80%** had improvement in workforce development.
- 77%** had financial improvement.
- 99%** had greater access to community resources.
- 99%** had improved basic needs.
- 100%** had better adult relationships.

- 99%** had improved parenting skills.
- 96%** had improved child functioning.
- 100%** had better coping skills.
- 100%** had improved cooperation with court system.

Congressional District 7

2,155 youth participated in a prevention program and completed a survey. | **17 Programs**

8,214 youth served through a direct service, an outreach event, or impacted through social media.

3rd - 5th Grade Youth Programs

After program completion, **901 participants** selected from a list of **8 possible benefits** received from the program. Results indicate:

87% got along with people better.

90% knew more about good touch and bad touch.

82% were better able to recognize own feelings.

67% were better able to control own feelings.

82% thought more before making decisions.

89% made better choices and kept out of trouble.

90% were better able to name someone they trust for help.

73% were better able to tell people what they need.

6th - 12th Grade Youth Programs

After program completion, **1,254 participants** selected from a list of **13 possible benefits** received from the program. Results indicate:

80% believed they would be okay when bad things happen.

84% were better at solving problems in a positive way.

82% were better able to recognize positive qualities in others.

85% were better at developing friendships.

84% were better at recognizing positive qualities in self.

82% thought more before making decisions.

90% made better choices and kept out of trouble.

90% were more committed to not using drugs, alcohol, and tobacco/vape.

88% were better able to recognize abuse and neglect.

89% were better able to name someone they trust for help.

77% were more committed to telling adults about abuse or neglect.

83% were better at admitting mistakes.

94% were more committed to doing their best in school.

