

Congressional District 3

701 adults participated in a prevention program and completed a survey.

26,566 parents and professionals served through a direct service, an outreach event, or impacted through social media.

Parent Education & Home Visiting | 10 Programs

After program completion, **481 participants** selected from a list of **12 possible benefits** received from the program. Results indicate:

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|--|---|
| 97% had better stress management skills. | 98% were more committed to getting their child appropriate medical care when needed. |
| 95% had better anger management skills. | 99% had better parenting skills. |
| 96% were better able to recognize when at risk of using harsh, ineffective parenting. | 98% used more positive parenting skills that teach and guide their children in a loving way rather than harshly. |
| 96% had more knowledge about what child sexual abuse is. | 97% knew more about how to get help in their community. |
| 97% had more knowledge about what child physical abuse is. | 95% used community resources more consistently. |
| 98% had more knowledge about what child emotional abuse is. | 93% sought support from friends, family, or others more often. |

Respite Care | 1 Program

After program completion, **55 participants** selected from a list of **10 possible benefits** received from the program. Results indicate:

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|--|---|
| 98% had better stress management skills. | 98% were better able to view their child in a positive light. |
| 96% were better able to control important things in their life. | 89% knew more about resources in their community. |
| 100% were better able to cope effectively. | 84% used community resources more consistently. |
| 98% were better able to recognize when at risk of using harsh, ineffective parenting. | 93% sought support from friends, family, or others more often. |
| 98% were better able to overcome difficulties. | 96% took more time for personal self-care needs. |

Fatherhood | 3 Programs

After program completion, **161 participants** selected from a list of **29 possible benefits** received from the program. The benefits were grouped into **9 categories**. Results indicate:

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|---|--|
| 97% had improvement in workforce development. | 97% had improved parenting skills. |
| 96% had financial improvement. | 92% had improved child functioning. |
| 95% had greater access to community resources. | 97% had better coping skills. |
| 95% had improved basic needs. | 92% had improved cooperation with court system. |
| 99% had better adult relationships. | |

Congressional District 3

1,018 youth participated in a prevention program and completed a survey. | **5 Programs**

9,315 youth served through a direct service, an outreach event, or impacted through social media.

3rd - 5th Grade Youth Programs

After program completion, **494 participants** selected from a list of **8 possible benefits** received from the program. Results indicate:

92% got along with people better.

91% knew more about good touch and bad touch.

82% were better able to recognize own feelings.

73% were better able to control own feelings.

88% thought more before making decisions.

92% made better choices and kept out of trouble.

92% were better able to name someone they trust for help.

81% were better able to tell people what they need.

6th - 12th Grade Youth Programs

After program completion, **524 participants** selected from a list of **13 possible benefits** received from the program. Results indicate:

80% believed they would be okay when bad things happen.

88% were better at solving problems in a positive way.

83% were better able to recognize positive qualities in others.

86% were better at developing friendships.

88% were better at recognizing positive qualities in self.

84% thought more before making decisions.

95% made better choices and kept out of trouble.

94% were more committed to not using drugs, alcohol, and tobacco/vape.

91% were better able to recognize abuse and neglect.

90% were better able to name someone they trust for help.

77% were more committed to telling adults about abuse or neglect.

82% were better at admitting mistakes.

97% were more committed to doing their best in school.

