

**The Alabama Department Of Child
Abuse & Neglect Prevention**

Evaluation Report Children First Trust Fund (CFTF) Programs

Impact On Adult Participants

15,501 adults in Alabama received services through three types of ADCANP/CTF-funded programs: parent education, home visiting, and fatherhood. The population served were primarily parents of lower resource, based on work status, education level, and income reported. Adults who participated only in public awareness programs did not provide demographic information.

The primary funding source that provides support for these individuals is the Children First Trust Fund (CFTF).

An independent Evaluation Team from Auburn University's Human Development and Family Science Department documented the effort and effectiveness of these programs.

73% of the participants were women

56% were European American/White

36% were African American/Black

33 was the median age of the adult participants

47% reported a gross income of less than \$10,000

49% reported not working for pay

24% reported not completing high school

51% reported a high school degree/GED
as their highest level of education

Analyses of data revealed statistically significant improvements ($p < .05$) on many relevant measures of commitment, skill, and knowledge based on average scores at pre-program and post-program.

The outcomes are indicators of protective factors that reduce the risk of child maltreatment and promote individual and family strengths.

ADCANP/CTF-funded programs reduced the likelihood of adults in CFTF programs engaging in child abuse/neglect and enhanced the likelihood of current and future strong and stable families.



Parent Education & Home Visiting

46 parent education and home visiting programs provided support and educational programs to parents. **An assessment of 7 targeted outcomes with 2,167 participants** revealed statistically significant improvements in average scores for:

- Stress Management Skills
- Skills to Manage Maltreatment Risk
- Understanding of Various Forms of Maltreatment
- Medical Care Commitment
- Parenting Skills & Child Development Knowledge
- Knowledge of & Commitment to Use Support Services
- Use of Informal Supportive Networks

Fatherhood

4 fatherhood programs provided educational sessions and support to non-residential fathers. **An assessment of 19 targeted outcomes with 252 participants** revealed statistically significant improvements in average scores for all but two outcomes (i.e., cooperation with child support and depressive symptoms):

- Commitment to Couple Relationship Stability
- Conflict Management Skills
- Communication Skills
- Co-Parenting Conflict
- Dating Abuse Prevention Skills
- Informal Support
- Positive Parenting Behavior
- Parent Involvement
- Parent Child Relationship Quality
- Hopeful About Future
- Financial Responsibility
- Perception of Economic Stability
- Cooperation with Child Support Personnel
- Commitment to Pay Full Child Support
- Knowledge of Community Resources
- Child Academic Adjustment
- Depressive Symptoms
- Stress Management
- Anger Management



6,984 youth in Alabama in grades 3-12 were served through six ADCANP/CTF-funded programs. These programs offered classes and mentoring services in schools and communities. Youth who participated only in public awareness programs did not provide demographic information.

All were focused on enhancing life skills, school performance, overall well-being, and reducing risks for children of maltreatment. Program objectives included: improved social competence, improved emotion knowledge, improved self-confidence, improved abuse awareness and resourcefulness, increased cooperative behavior, enhanced assertiveness, and avoidance of delinquent behaviors.

The primary funding source that provides support for these individuals is the Children First Trust Fund (CFTF).

23% of youth were in grades 3-5

77% of youth were in grades 6-12

45% of the participants were boys

55% of the participants were girls

67% were African American/Black

23% were European American/White

10% reported "other" when asked race

5% identified as Hispanic/Latino

Analyses of data revealed statistically significant improvements ($p < .05$) on relevant measures of commitment, skill, and knowledge based on average scores at pre-program and post-program.

The outcomes are indicators of the protective factor: social and emotional competence of children, that reduces the risk of child maltreatment and promotes individual and family strengths.

Grades 3-5 Youth Programs

6 youth focused programs provided educational sessions to youth participants. **An assessment of 6 targeted outcomes with 102 3rd-5th grade participants** revealed statistically significant improvements in average scores for:

- Social Skill Development
- Abuse Awareness
- Self-Confidence
- Emotion Identification and Regulation
- Enhanced Assertiveness
- Cooperative Behavior

Grades 6-12 Youth Programs

6 youth focused programs provided educational sessions to youth participants. **An assessment of 7 targeted outcomes with 310 6th-12th grade participants** revealed statistically significant improvements in average scores for:

- Emotion Knowledge of Self
- Emotion Knowledge of Others
- Self-Confidence
- Social Competence
- Commitment to Avoid Risky & Delinquent Behavior
- Cooperative Behavior
- Abuse Awareness & Resourcefulness



The 2020-2021 Evaluation Report prepared by the Auburn Evaluation Team documented the combined effort and effectiveness of program offerings through an evaluation of funded programs.

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