

# Congressional District 6

**1,718 adults** participated in a prevention program and completed a survey.

**55,481 parents and professionals** served through a direct service, an outreach event, or impacted through social media.

## Parent Education & Home Visiting | 17 Programs

After program completion, **1,275 participants** selected from a list of **12 possible benefits** received from the program. Results indicate:

- 96%** had better stress management skills.
- 97%** had better anger management skills.
- 95%** were better able to recognize when at risk of using harsh, ineffective parenting.
- 93%** had more knowledge about what child sexual abuse is.
- 95%** had more knowledge about what child physical abuse is.
- 96%** had more knowledge about what child emotional abuse is.

- 98%** were more committed to getting their child appropriate medical care when needed.
- 99%** had better parenting skills.
- 99%** used more positive parenting skills that teach and guide their children in a loving way rather than harshly.
- 96%** knew more about how to get help in their community.
- 91%** used community resources more consistently.
- 93%** sought support from friends, family, or others more often.

## Respite Care | 1 Program

After program completion, **257 participants** selected from a list of **10 possible benefits** received from the program. Results indicate:

- 98%** had better stress management skills.
- 95%** were better able to control important things in their life.
- 99%** were better able to cope effectively.
- 96%** were better able to recognize when at risk of using harsh, ineffective parenting.
- 95%** were better able to overcome difficulties.

- 98%** were better able to view their child in a positive light.
- 96%** knew more about resources in their community.
- 94%** used community resources more consistently.
- 96%** sought support from friends, family, or others more often.
- 95%** took more time for personal self-care needs.

## Fatherhood | 3 Programs

After program completion, **186 participants** selected from a list of **29 possible benefits** received from the program. The benefits were grouped into **9** categories. Results indicate:

- 95%** had improvement in workforce development.
- 89%** had financial improvement.
- 97%** had greater access to community resources.
- 92%** had improved basic needs.
- 98%** had better adult relationships.

- 99%** had improved parenting skills.
- 89%** had improved child functioning.
- 100%** had better coping skills.
- 99%** had improved cooperation with court system.

# Congressional District 6

**2,064 youth** participated in a prevention program and completed a survey. | **9 Programs**

**13,406 youth** served through a direct service, an outreach event, or impacted through social media.

## 3rd - 5th Grade Youth Programs

After program completion, **574 participants** selected from a list of **8 possible benefits** received from the program. Results indicate:

**85%** got along with people better.

**91%** knew more about good touch and bad touch.

**80%** were better able to recognize own feelings.

**62%** were better able to control own feelings.

**80%** thought more before making decisions.

**88%** made better choices and kept out of trouble.

**90%** were better able to name someone they trust for help.

**75%** were better able to tell people what they need.

## 6th - 12th Grade Youth Programs

After program completion, **1,490 participants** selected from a list of **13 possible benefits** received from the program. Results indicate:

**83%** believed they would be okay when bad things happen.

**84%** were better at solving problems in a positive way.

**82%** were better able to recognize positive qualities in others.

**84%** were better at developing friendships.

**78%** were better at recognizing positive qualities in self.

**78%** thought more before making decisions.

**90%** made better choices and kept out of trouble.

**91%** were more committed to not using drugs, alcohol, and tobacco/vape.

**89%** able to recognize abuse and neglect.

**86%** were better able to name someone they trust for help.

**74%** were more committed to telling adults about abuse or neglect.

**82%** were better at admitting mistakes.

**88%** were more committed to doing their best in school.

