

# Congressional District 4

**1,044 adults** participated in a prevention program and completed a survey.

**36,087 parents and professionals** served through a direct service, an outreach event, or impacted through social media.

## Parent Education & Home Visiting | 9 Programs

After program completion, **791 participants** selected from a list of **12 possible benefits** received from the program. Results indicate:

- |  |   |
|--|---|
| <b>96%</b> had better stress management skills.  | <b>98%</b> were more committed to getting their child appropriate medical care when needed.                             |
| <b>96%</b> had better anger management skills.   | <b>99%</b> had better parenting skills.   |
| <b>97%</b> were better able to recognize when at risk of using harsh, ineffective parenting. | <b>98%</b> used more positive parenting skills that teach and guide their children in a loving way rather than harshly. |
| <b>95%</b> had more knowledge about what child sexual abuse is.                              | <b>97%</b> knew more about how to get help in their community.  |
| <b>96%</b> had more knowledge about what child physical abuse is.                            | <b>89%</b> used community resources more consistently.  |
| <b>98%</b> had more knowledge about what child emotional abuse is.                           | <b>92%</b> sought support from friends, family, or others more often.   |

## Respite Care | 1 Program

After program completion, **36 participants** selected from a list of **10 possible benefits** received from the program. Results indicate:

- |  |   |
|--|---|
| <b>100%</b> had better stress management skills.   | <b>100%</b> were better able to view their child in a positive light. |
| <b>94%</b> were better able to control important things in their life.                       | <b>86%</b> knew more about resources in their community.              |
| <b>100%</b> were better able to cope effectively.  | <b>94%</b> used community resources more consistently.                |
| <b>97%</b> were better able to recognize when at risk of using harsh, ineffective parenting. | <b>97%</b> sought support from friends, family, or others more often. |
| <b>100%</b> were better able to overcome difficulties.                                       | <b>97%</b> took more time for personal self-care needs.               |

## Fatherhood | 5 Programs

After program completion, **221 participants** selected from a list of **29 possible benefits** received from the program. The benefits were grouped into **9 categories**. Results indicate:

- |   |  |
|---|--|
| <b>91%</b> had improvement in workforce development.  | <b>95%</b> had improved parenting skills.              |
| <b>76%</b> had financial improvement.                 | <b>83%</b> had improved child functioning.             |
| <b>93%</b> had greater access to community resources. | <b>99%</b> had better coping skills.                   |
| <b>83%</b> had improved basic needs.                  | <b>78%</b> had improved cooperation with court system. |
| <b>97%</b> had better adult relationships.            |  |

# Congressional District 4

**713 youth** participated in a prevention program and completed a survey. | **7 Programs**

**31,266 youth** served through a direct service, an outreach event, or impacted through social media.

## 3rd - 5th Grade Youth Programs

After program completion, **462 participants** selected from a list of **8 possible benefits** received from the program. Results indicate:

**87%** got along with people better.

**92%** knew more about good touch and bad touch.

**90%** were better able to recognize own feelings.

**75%** were better able to control own feelings.

**86%** thought more before making decisions.

**94%** made better choices and kept out of trouble.

**97%** were better able to name someone they trust for help.

**84%** were better able to tell people what they need.

## 6th - 12th Grade Youth Programs

After program completion, **251 participants** selected from a list of **13 possible benefits** received from the program. Results indicate:

**91%** believed they would be okay when bad things happen.

**90%** were better at solving problems in a positive way.

**90%** were better able to recognize positive qualities in others.

**91%** were better at developing friendships.

**89%** were better at recognizing positive qualities in self.

**89%** thought more before making decisions.

**96%** made better choices and kept out of trouble.

**98%** were more committed to not using drugs, alcohol, and tobacco/vape.

**93%** were better able to recognize abuse and neglect.

**95%** were better able to name someone they trust for help.

**91%** were more committed to telling adults about abuse or neglect.

**91%** were better at admitting mistakes.

**94%** were more committed to doing their best in school.

