

Department of Child Abuse and Neglect Prevention:
The Children's Trust Fund 2015-2016 Report



2015-2016

End of Year Evaluation Report

Community Based Child Abuse Prevention

CBCAP



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Participant Demographics

In CBCAP funded programs, a total of 3,521 adults were served through program offerings across program types (i.e., parent education and home visitation, respite, and fatherhood). Additionally, through parents' participation in these programs, a total of 658 youth were impacted. A sample of adults completed demographic questionnaires.

Adult/Parent Demographics

Age. Adult participants across program types (i.e., parent education, home visitation, respite, and fatherhood) had a modal age of 28. 2% were 18 and younger; 7% were 19-24; 25% were 25-30; 34% were 31-40; and 32% were over 40.

Gender. 54% of adult program participants were male and 46% were female.

Ethnicity. Adult participants were 53% African American; 39% European American; and 8% selected "other" when asked ethnic background. Of these participants, 5% identified as Hispanic or Latino.

Work Status. For adult participants (excluding students) over the age of 18, 38% reported working full-time, 19% reported working part-time, and 43% reported not working for pay.

Education Level. For adult participants (excluding students) over the age of 18, 27% reported not completing high school; 35% reported completing high school or GED; 7% reported completing some college/Associate Degree; 8% reported obtaining trade/technical school degree; 16% reported completing a 4-year college degree; and 7% reported completing an advanced degree.

Income Level. For Parent participants (excluding students) over the age of 18, 58% reported a gross household income of less than \$10,000 a year. Furthermore, 13% reported earning between \$10,000 and \$19,000; 11% reported earning between \$20,000 and \$29,000; 18% reported earning more than \$30,000 per year.



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Parent Education and Home Visitation Programs

Six (6) CBCAP programs provided parent education and home visitation through hospital visits, group education, and home visits. Program objectives focused on several key areas that research has shown can serve as protective factors and reduce the risk of child maltreatment. They included: *use of support services, positive parenting skills and child development knowledge, having a positive view and knowledge of one's child, stress and anger management skills, understanding of and knowledge of ways to respond to various forms of child maltreatment, use of informal supportive social networks, and medical care commitment.* A sample of

participants (n = 21) responded to an assessment of 16 learning objectives. Analysis of paired-sample t-tests revealed **statistically significant (p < .05) improvements in commitment, skill, and knowledge in ALL targeted areas.** The effect sizes ranged from .34 - 1.76. The average **magnitude of the effect sizes for these perceived improvements was large (.97).** Closer examination of responses from the sample of program participants showed that the percentages of participants who indicated that their knowledge, ability, or commitment was "good" or "excellent" in key areas of family support and individual and family functioning increased 16% - 54% from pre-program to post-program.

KNOWLEDGE AND USE OF SUPPORT SERVICES

Q1 My knowledge of community resources where I can receive help

54% of participants rated themselves as good/excellent **before** receiving program services.
100% rated themselves as good/excellent **after** participation in the program.

Q2 My commitment to using available social services that apply to me

46% of participants rated themselves as good/excellent **before** receiving program services.
92% rated themselves as good/excellent **after** participation in the program.

STRESS MANAGEMENT

Q1 My knowledge of ways to manage stress

47% of participants rated themselves as good/excellent **before** receiving program services.
93% rated themselves as good/excellent **after** participation in the program.

Q2 My knowledge of ways to manage anger

54% of participants rated themselves as good/excellent **before** receiving program services.
92% rated themselves as good/excellent **after** participation in the program.

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PARENTING SKILLS AND CHILD DEVELOPMENT KNOWLEDGE

Q1 My knowledge of children's development at different ages

69% of participants rated themselves as good/excellent **before** receiving program services.
92% rated themselves as good/excellent **after** participation in the program.

Q2 My knowledge of what parenting responses are best to use when my child is not behaving

54% of participants rated themselves as good/excellent **before** receiving program services.
92 % rated themselves as good/excellent **after** participation in the program.

Q3 My knowledge of nurturing behaviors

76% of participants rated themselves as good/excellent **before** receiving program services.
99% rated themselves as good/excellent **after** participation in the program.

UNDERSTANDING OF VARIOUS FORMS OF CHILD MALTREATMENT

Q1 My knowledge of what sexual abuse of a child is and how to appropriately respond

69% of participants rated themselves as good/excellent **before** receiving program services.
99% rated themselves as good/excellent **after** participation in the program.

Q2 My knowledge of what physical abuse of a child is and how to appropriately respond

69% of participants rated themselves as good/excellent **before** receiving program services.
99% rated themselves as good/excellent **after** participation in the program.

Q3 My knowledge of what emotional abuse of a child is and how to appropriately respond

61% of participants rated themselves as good/excellent **before** receiving program services.
99% rated themselves as good/excellent **after** participation in the program.

INDIVIDUAL RISK OF MALTREATMENT

Q1 My ability to recognize when I am at risk for harming my child

68% of participants rated themselves as good/excellent **before** receiving program services.
100% rated themselves as good/excellent **after** participation in the program.

Q2 My ability to stop myself when I am at risk for harming my child

69% of participants rated themselves as good/excellent **before** receiving program services.
100% rated themselves as good/excellent **after** participation in the program.

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POSITIVE VIEW AND KNOWLEDGE OF ONE'S CHILD

Q1 My knowledge of my child's positive qualities

76% of participants rated themselves as good/excellent **before** receiving program services.
92% rated themselves as good/excellent **after** participation in the program.

Q2 My knowledge of how to respond to my child's needs

76% of participants rated themselves as good/excellent **before** receiving program services.
99% rated themselves as good/excellent **after** participation in the program.

USE OF INFORMAL SUPPORTIVE SOCIAL NETWORKS

Q1 My commitment to seek informal support (e.g., from friends, family) regularly

46% of participants rated themselves as good/excellent **before** receiving program services.
100% rated themselves as good/excellent **after** participation in the program.

MEDICAL CARE COMMITMENT

Q1 My commitment to keeping my child up-to-date on required shots and well-baby checkups

76% of participants rated themselves as good/excellent **before** receiving program services.
99% rated themselves as good/excellent **after** participation in the program.



Respite Care Programs

Three (3) CBCAP funded programs provided respite care services and parenting information for parents of special needs children. Program objectives focus on several key areas that can serve as protective factors and reduce the risk of child maltreatment. They were: *use of support services, positive parenting skills and child development knowledge, positive view of one's child, stress and anger management skills, understanding of and knowledge of ways to respond to various forms of child maltreatment, and use of informal supportive social networks*. A sample of participants (n = 81) responded to an assessment of 11 learning objectives. Analysis of paired-sample t-tests

revealed **statistically significant ($p < .05$) improvements on the average level of commitment, skills, and knowledge in ALL of the 11 targeted areas**. The effect sizes ranged from .73 - 1.25. The average **magnitude of the effect sizes for participant's perceived improvements was large (.96)**. Closer examination of responses showed the percentages of participants who indicated that their commitment, knowledge, or ability was "good" or "excellent" in key areas of family support and individual and family functioning increased 12% - 61% from pre-program to post-program.

KNOWLEDGE AND USE OF SUPPORT SERVICES

Q1 My knowledge of community resources where I can receive help

23% of participants rated themselves as good/excellent **before** receiving program services.
84% rated themselves as good/excellent **after** participation in the program.

Q2 My commitment to using available social services that apply to me

27 % of participants rated themselves as good/excellent **before** receiving program services.
85% rated themselves as good/excellent **after** participation in the program.

USE OF INFORMAL SUPPORTIVE SOCIAL NETWORKS

Q1 My commitment to seek informal support (e.g., from friends, family) regularly

38% of participants rated themselves as good/excellent **before** receiving program services.
89% rated themselves as good/excellent **after** participation in the program.

PARENTING SKILLS AND CHILD DEVELOPMENT KNOWLEDGE

Q1 My knowledge of children's development at different ages

46% of participants rated themselves as good/excellent **before** receiving program services.
93% rated themselves as good/excellent **after** participation in the program.

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Q2 My knowledge of what parenting responses are best to use when my child is not behaving

51% of participants rated themselves as good/excellent **before** receiving program services.
96% rated themselves as good/excellent **after** participation in the program.

POSITIVE VIEW AND KNOWLEDGE OF CHILD

Q1 My knowledge of my child's positive qualities

78% of participants rated themselves as good/excellent **before** receiving program services.
99% rated themselves as good/excellent **after** participation in the program.

STRESS AND ANGER MANAGEMENT

Q1 My knowledge of ways to manage stress

31% of participants rated themselves as good/excellent **before** receiving program services.
89% rated themselves as good/excellent **after** participation in the program.

Q2 My knowledge of ways to manage anger

60% of participants rated themselves as good/excellent **before** receiving program services.
95% rated themselves as good/excellent **after** participation in the program.

UNDERSTANDING OF VARIOUS FORMS OF CHILD MALTREATMENT

Q1 My knowledge of what sexual abuse of a child is and how to appropriately respond

79% of participants rated themselves as good/excellent **before** receiving program services.
96% rated themselves as good/excellent **after** participation in the program.

Q2 My knowledge of what physical abuse of a child is and how to appropriately respond

87% of participants rated themselves as good/excellent **before** receiving program services.
99% rated themselves as good/excellent **after** participation in the program.

Q3 My knowledge of what emotional abuse of a child is and how to appropriately respond

74% of participants rated themselves as good/excellent **before** receiving program services.
97% rated themselves as good/excellent **after** participation in the program.



Responsible Fatherhood Programs

Three (3) programs funded by CBCAP provided support to nonresidential fathers and encouraged fathers to enhance their job skills, education, parenting knowledge, and involvement with their children, as well as to comply with child support obligations. Fathers meet with facilitators or case workers and other fathers, and they were involved in educational sessions that include family activities that promote better father-child relationships. Program objectives focused on several key areas that facilitate father involvement and child support compliance and that promote child well-being. They were: *cooperation with child support enforcement (CSE), cooperation with the child's other parent, goals for work and education commitment, use of support services, positive parenting skills, positive view and knowledge of one's child, involvement*

with family, and understanding of individual risk of maltreatment. A sample of fathers (n = 76) responded to an assessment of 19 learning objectives. Analyses of paired-sample t-tests revealed **statistically significant (p < .05) improvements in key targeted areas.** The effect sizes ranged from .31 - .69. The average **magnitude of the effect sizes for these perceived improvements was moderate to large (.46).** Closer examination of responses showed that the percentages of participants who indicated that their commitment, knowledge, or ability was "excellent" or "good" in key areas of family support and individual and family functioning increased. On most questions, the bigger shift was from "good" to "excellent."

COOPERATION WITH CHILD SUPPORT ENFORCEMENT

Q1 My commitment to maintaining civil interactions with child support enforcement personnel

- 53% of participants rated themselves as good **before** receiving program services.
- 16% of participants rated themselves as excellent **before** receiving program services.
- 30% rated themselves as good **after** participation in the program.
- 48% rated themselves as excellent **after** participation in the program.

KNOWLEDGE AND USE OF SUPPORT SERVICES

Q1 My knowledge of community resources where I can receive help

- 59% of participants rated themselves as good **before** receiving program services.
- 19% of participants rated themselves as excellent **before** receiving program services.
- 16% rated themselves as good **after** participation in the program.
- 61% rated themselves as excellent **after** participation in the program.

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POSITIVE VIEW AND KNOWLEDGE OF ONE'S CHILD

Q1 My knowledge of my child's positive qualities

- 50% of participants rated themselves as good **before** receiving program services.
- 37% of participants rated themselves as excellent **before** receiving program services.
- 38% rated themselves as good **after** participation in the program.
- 49% rated themselves as excellent **after** participation in the program.

Q2 My knowledge of how to respond to my child's needs

- 47% of participants rated themselves as good **before** receiving program services.
- 42% of participants rated themselves as excellent **before** receiving program services.
- 21% rated themselves as good **after** participation in the program.
- 69% rated themselves as excellent **after** participation in the program.

WORK, EDUCATION AND CHILD SUPPORT COMMITMENT

Q1 My commitment to making full child support payments each month

- 38% of participants rated themselves as good **before** receiving program services.
- 17% of participants rated themselves as excellent **before** receiving program services.
- 40% rated themselves as good **after** participation in the program.
- 32% rated themselves as excellent **after** participation in the program.

Q2 My intention of finishing high school

- 47% of participants rated themselves as good **before** receiving program services.
- 28% of participants rated themselves as excellent **before** receiving program services.
- 35% rated themselves as good **after** participation in the program.
- 47% rated themselves as excellent **after** participation in the program.

Q3 My intention of going to vocational training and/or college

- 31% of participants rated themselves as good **before** receiving program services.
- 24% of participants rated themselves as excellent **before** receiving program services.
- 43% rated themselves as good **after** participation in the program.
- 35% rated themselves as excellent **after** participation in the program.

Q4 My intention of working at least 20 hours in a week for 3 months in a row

- 33% of participants rated themselves as good **before** receiving program services.
- 37% of participants rated themselves as excellent **before** receiving program services.
- 21% rated themselves as good **after** participation in the program.
- 51% rated themselves as excellent **after** participation in the program.

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Q5 My commitment to staying in school

- 27% of participants rated themselves as good **before** receiving program services.
- 43% of participants rated themselves as excellent **before** receiving program services.
- 18% rated themselves as good **after** participation in the program.
- 56% rated themselves as excellent **after** participation in the program.

PARENTING SKILLS AND CHILD DEVELOPMENT KNOWLEDGE

Q1 My knowledge of what positive parenting involves

- 55% of participants rated themselves as good **before** receiving program services.
- 29% of participants rated themselves as excellent **before** receiving program services.
- 48% rated themselves as good **after** participation in the program.
- 52% rated themselves as excellent **after** participation in the program.

Q2 My ability to use several forms of positive discipline

- 51% of participants rated themselves as good **before** receiving program services.
- 31% of participants rated themselves as excellent **before** receiving program services.
- 39% rated themselves as good **after** participation in the program.
- 41% rated themselves as excellent **after** participation in the program.

Q3 My knowledge of nurturing behaviors

- 49% of participants rated themselves as good **before** receiving program services.
- 29% of participants rated themselves as excellent **before** receiving program services.
- 27% rated themselves as good **after** participation in the program.
- 56% rated themselves as excellent **after** participation in the program.

INDIVIDUAL RISK OF MALTREATMENT

Q1 My ability to recognize when I'm at risk for harming my child is

- 45% of participants rated themselves as good **before** receiving program services.
- 38% of participants rated themselves as excellent **before** receiving program services.
- 20% rated themselves as good **after** participation in the program.
- 63% rated themselves as excellent **after** participation in the program.

Q1 My ability to stop myself when I'm at risk for harming my child is

- 33% of participants rated themselves as good **before** receiving program services.
- 54% of participants rated themselves as excellent **before** receiving program services.
- 16% rated themselves as good **after** participation in the program.
- 65% rated themselves as excellent **after** participation in the program.

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INVOLVEMENT WITH CHILD AND FAMILY

Q1 My commitment to being around my child at least a few times a week

- 44% of participants rated themselves as good **before** receiving program services.
- 40% of participants rated themselves as excellent **before** receiving program services.
- 21% rated themselves as good **after** participation in the program.
- 63% rated themselves as excellent **after** participation in the program.

Q2 My commitment to spending at least 1 day a week doing a family activity

- 50% of participants rated themselves as good **before** receiving program services.
- 34% of participants rated themselves as excellent **before** receiving program services.
- 37% rated themselves as good **after** participation in the program.
- 49% rated themselves as excellent **after** participation in the program.

Q3 My ability to establish and maintain a relationship with my child

- 35% of participants rated themselves as good **before** receiving program services.
- 56% of participants rated themselves as excellent **before** receiving program services.
- 27% rated themselves as good **after** participation in the program.
- 63% rated themselves as excellent **after** participation in the program.

COPARENTING RELATIONSHIP

Q1 My commitment to working cooperatively with my child's other parent

- 58% of participants rated themselves as good **before** receiving program services.
- 22% of participants rated themselves as excellent **before** receiving program services.
- 24% rated themselves as good **after** participation in the program.
- 56% rated themselves as excellent **after** participation in the program.

Q2 My commitment to avoid the occurrence of unplanned or repeat pregnancy

- 28% of participants rated themselves as good **before** receiving program services.
- 33% of participants rated themselves as excellent **before** receiving program services.
- 33% rated themselves as good **after** participation in the program.
- 40% rated themselves as excellent **after** participation in the program.

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The Auburn University Evaluation Team would like to express their sincere appreciation to all the staff of the ADCANP/CTF Grantee Programs for their dedication, cooperation, and conscientious efforts in gathering valid information and data that made possible this documentation of program impact in our communities and across the State. We feel honored to have been provided the opportunity to "tell the story" of your work and your participants' experiences. You have every reason to be proud of the difference you are making in the lives you touch. We are inspired by the work you do!

We would also like to thank our friends and colleagues at the Alabama Department of Child Abuse and Neglect Prevention - Children's Trust Fund. We are appreciative of the ADCANP Board members, all the administrative staff, field directors, and division directors - particularly, the incomparable and inspiring Sallye Longshore, Executive Director and Tracy Plummer, Deputy Director - for their trust in us and untiring support of our team. A transitional year from one system to another can be challenging for all involved; however, this has been collaboration at its best! We are grateful for the opportunity to be part of your team. It is our privilege and pleasure to work for you and with you.

We are invested in providing meaningful and useful information for grantees, the ADCANP/CTF staff and Board, and the ADCANP/CTF funding sources that show the important benefits for participants in ADCANP/CTF-funded programs. It is our hope that the findings of this report will be helpful in your continued efforts to expand the outreach of ADCANP/CTF-funded programs in pursuit of your mission: To Prevent Child Abuse and Neglect in the State of Alabama.

Although we are objective in our assessment and reporting of the data from program participants, we cannot be objective in our assessment of the value of this work. We believe strongly in the promise of prevention programming and are excited to see these successful efforts in family-strengthening activities. The dedication of ADCANP/CTF staff and Grantee Program staff to protecting and empowering our children and families is unparalleled in the State of Alabama.

PY 2015-2016 CBCAP Report submitted in October 2016 by:

Francesca Adler-Baeder, Ph.D., *Principal Investigator*
Human Development and Family Studies Dept.

Ami Landers, CFLE, *Project Manager*
Alexander Chan, Ph.D., *Consultant*

Rachel Odomes, *Research Assistant*
Erin Cooper, *Graduate Research Assistant*
Sarah Fuller, *Graduate Research Assistant*
Caroline Tunkle, *Graduate Research Assistant*
Shu Su, *Graduate Research Assistant*
Rachel Savasuk, M.S., *Graduate Research Asst.*

Anna Richardson, *Undergraduate Research Asst.*
Kaylyn Reynolds, *Undergraduate Research Asst.*
Caroline Elliott, *Undergraduate Research Asst.*
Brittany Thompson, *Undergraduate Research Asst.*
Shannon Pettus, *Undergraduate Research Asst.*
Rebecca Mooneyham, *Undergraduate Research Asst.*
Carlie Cave, *Undergraduate Research Asst.*

Destenie Ray, *Undergraduate Research Asst.*
Emily Ruggles, *Undergraduate Research Asst.*
Christen Youngblood, *Undergraduate Research Asst.*
Lindsey Spear, *Undergraduate Research Asst.*

