

Congressional District 1

1,495 adults participated in a prevention program and completed a survey.

19,652 parents and professionals served through a direct service, an outreach event, or impacted through social media.

Parent Education & Home Visiting | 11 Programs

After program completion, **903 participants** selected from a list of **12 possible benefits** received from the program. Results indicate:

- 98%** had better stress management skills.
- 94%** had better anger management skills.
- 98%** were better able to recognize when at risk of using harsh, ineffective parenting.
- 95%** had more knowledge about what child sexual abuse is.
- 97%** had more knowledge about what child physical abuse is.
- 97%** had more knowledge about what child emotional abuse is.

- 98%** were more committed to getting their child appropriate medical care when needed.
- 99%** had better parenting skills.
- 99%** used more positive parenting skills that teach and guide their children in a loving way rather than harshly.
- 96%** knew more about how to get help in their community.
- 93%** used community resources more consistently.
- 93%** sought support from friends, family, or others more often.

Respite Care | 1 Program

After program completion, **75 participants** selected from a list of **10 possible benefits** received from the program. Results indicate:

- 97%** had better stress management skills.
- 97%** were better able to control important things in their life.
- 99%** were better able to cope effectively.
- 99%** were better able to recognize when at risk of using harsh, ineffective parenting.
- 100%** were better able to overcome difficulties.

- 100%** were better able to view their child in a positive light.
- 100%** knew more about resources in their community.
- 95%** used community resources more consistently.
- 95%** sought support from friends, family, or others more often.
- 99%** took more time for personal self-care needs.

Fatherhood | 3 Programs

After program completion, **517 participants** selected from a list of **29 possible benefits** received from the program. The benefits were grouped into **9** categories. Results indicate:

- 84%** had improvement in workforce development.
- 76%** had financial improvement.
- 93%** had greater access to community resources.
- 70%** had improved basic needs.
- 96%** had better adult relationships.

- 89%** had improved parenting skills.
- 80%** had improved child functioning.
- 97%** had better coping skills.
- 82%** had improved cooperation with court system.

Congressional District 1

1,035 youth participated in a prevention program and completed a survey. | **6 Programs**

10,639 youth served through a direct service, an outreach event, or impacted through social media.

3rd - 5th Grade Youth Programs

After program completion, **327 participants** selected from a list of **8 possible benefits** received from the program. Results indicate:

84% got along with people better.

94% knew more about good touch and bad touch.

85% were better able to recognize own feelings.

68% were better able to control own feelings.

83% thought more before making decisions.

88% made better choices and kept out of trouble.

93% were better able to name someone they trust for help.

77% were better able to tell people what they need.

6th - 12th Grade Youth Programs

After program completion, **708 participants** selected from a list of **13 possible benefits** received from the program. Results indicate:

84% believed they would be okay when bad things happen.

87% were better at solving problems in a positive way.

84% were better able to recognize positive qualities in others.

88% were better at developing friendships.

87% were better at recognizing positive qualities in self.

83% thought before making decisions.

94% made better choices and kept out of trouble.

94% were more committed to not using drugs, alcohol, and tobacco/vape.

91% were better able to recognize abuse and neglect.

94% were better able to name someone they trust for help.

84% were more committed to telling adults about abuse or neglect.

82% were better at admitting mistakes.

94% were more committed to doing their best in school.

