

# Congressional District 5

**885 adults** participated in a prevention program and completed a survey.

**8,300 parents and professionals** served through a direct service, an outreach event, or impacted through social media.

## Parent Education & Home Visiting | 8 Programs

After program completion, **674 participants** selected from a list of **12 possible benefits** received from the program. Results indicate:

- 94%** had better stress management skills.
- 93%** had better anger management skills.
- 97%** were better able to recognize when at risk of using harsh, ineffective parenting.
- 94%** had more knowledge about what child sexual abuse is.
- 96%** had more knowledge about what child physical abuse is.
- 97%** had more knowledge about what child emotional abuse is.
- 98%** were more committed to getting their child appropriate medical care when needed.
- 98%** had better parenting skills.
- 99%** used more positive parenting skills that teach and guide their children in a loving way rather than harshly.
- 94%** knew more about how to get help in their community.
- 88%** used community resources more consistently.
- 91%** sought support from friends, family, or others more often.

## Respite Care | 1 Program

After program completion, **63 participants** selected from a list of **10 possible benefits** received from the program. Results indicate:

- 97%** had better stress management skills.
- 95%** were better able to control important things in their life.
- 98%** were better able to cope effectively.
- 98%** were better able to recognize when at risk of using harsh, ineffective parenting.
- 100%** were better able to overcome difficulties.
- 98%** were better able to view their child in a positive light.
- 89%** knew more about resources in their community.
- 87%** used community resources more consistently.
- 92%** sought support from friends, family, or others more often.
- 98%** took more time for personal self-care needs.

## Fatherhood | 3 Programs

After program completion, **148 participants** selected from a list of **29 possible benefits** received from the program. The benefits were grouped into **9 categories**. Results indicate:

- 93%** had improvement in workforce development.
- 86%** had financial improvement.
- 95%** had greater access to community resources.
- 73%** had improved basic needs.
- 97%** had better adult relationships.
- 96%** had improved parenting skills.
- 79%** had improved child functioning.
- 97%** had better coping skills.
- 85%** had improved cooperation with court system.

# Congressional District 5

**827 youth** participated in a prevention program and completed a survey. | **6 Programs**

**13,838 youth** served through a direct service, an outreach event, or impacted through social media.

## 3rd - 5th Grade Youth Programs

After program completion, **387 participants** selected from a list of **8 possible benefits** received from the program. Results indicate:

**88%** got along with people better.

**90%** knew more about good touch and bad touch.

**80%** were better able to recognize own feelings.

**73%** were better able to control own feelings.

**83%** thought more before making decisions.

**87%** made better choices and kept out of trouble.

**94%** were better able to name someone they trust for help.

**75%** were better able to tell people what they need.

## 6th - 12th Grade Youth Programs

After program completion, **440 participants** selected from a list of **13 possible benefits** received from the program. Results indicate:

**84%** believed they would be okay when bad things happen.

**82%** were better at solving problems in a positive way.

**81%** were better able to recognize positive qualities in others.

**85%** were better at developing friendships.

**76%** were better at recognizing positive qualities in self.

**82%** thought more before making decisions.

**92%** made better choices and kept out of trouble.

**89%** were more committed to not using drugs, alcohol, and tobacco/vape.

**91%** were better able to recognize abuse and neglect.

**91%** were better able to name someone they trust for help.

**76%** were more committed to telling adults about abuse or neglect.

**78%** were better at admitting mistakes.

**90%** were more committed to doing their best in school.

