

Congressional District 5

885 adults participated in a prevention program and completed a survey.

8,300 parents and professionals served through a direct service, an outreach event, or impacted through social media.

Parent Education & Home Visiting | 8 Programs

After program completion, **674 participants** selected from a list of **12 possible benefits** received from the program. Results indicate:

- 94%** had better stress management skills.
- 93%** had better anger management skills.
- 97%** were better able to recognize when at risk of using harsh, ineffective parenting.
- 94%** had more knowledge about what child sexual abuse is.
- 96%** had more knowledge about what child physical abuse is.
- 97%** had more knowledge about what child emotional abuse is.

- 98%** were more committed to getting their child appropriate medical care when needed.
- 98%** had better parenting skills.
- 99%** used more positive parenting skills that teach and guide their children in a loving way rather than harshly.
- 94%** knew more about how to get help in their community.
- 88%** used community resources more consistently.
- 91%** sought support from friends, family, or others more often.

Respite Care | 1 Program

After program completion, **63 participants** selected from a list of **10 possible benefits** received from the program. Results indicate:

- 97%** had better stress management skills.
- 95%** were better able to control important things in their life.
- 98%** were better able to cope effectively.
- 98%** were better able to recognize when at risk of using harsh, ineffective parenting.
- 100%** were better able to overcome difficulties.

- 98%** were better able to view their child in a positive light.
- 89%** knew more about resources in their community.
- 87%** used community resources more consistently.
- 92%** sought support from friends, family, or others more often.
- 98%** took more time for personal self-care needs.

Fatherhood | 3 Programs

After program completion, **148 participants** selected from a list of **29 possible benefits** received from the program. The benefits were grouped into **9 categories**. Results indicate:

- 93%** had improvement in workforce development.
- 86%** had financial improvement.
- 95%** had greater access to community resources.
- 73%** had improved basic needs.
- 97%** had better adult relationships.

- 96%** had improved parenting skills.
- 79%** had improved child functioning.
- 97%** had better coping skills.
- 85%** had improved cooperation with court system.

Congressional District 5

827 youth participated in a prevention program and completed a survey. | **6 Programs**

13,838 youth served through a direct service, an outreach event, or impacted through social media.

3rd - 5th Grade Youth Programs

After program completion, **387 participants** selected from a list of **8 possible benefits** received from the program. Results indicate:

88% got along with people better.

90% knew more about good touch and bad touch.

80% were better able to recognize own feelings.

73% were better able to control own feelings.

83% thought more before making decisions.

87% made better choices and kept out of trouble.

94% were better able to name someone they trust for help.

75% were better able to tell people what they need.

6th - 12th Grade Youth Programs

After program completion, **440 participants** selected from a list of **13 possible benefits** received from the program. Results indicate:

84% believed they would be okay when bad things happen.

82% were better at solving problems in a positive way.

81% were better able to recognize positive qualities in others.

85% were better at developing friendships.

76% were better at recognizing positive qualities in self.

82% thought more before making decisions.

92% made better choices and kept out of trouble.

89% were more committed to not using drugs, alcohol, and tobacco/vape.

91% were better able to recognize abuse and neglect.

91% were better able to name someone they trust for help.

76% were more committed to telling adults about abuse or neglect.

78% were better at admitting mistakes.

90% were more committed to doing their best in school.

