

# Adults

## Congressional District 1

**1,213 adults** received services • **27,873 parents and professionals** served through community awareness programs

### Parent Education & Home Visiting | 11 programs

After program completion, **748** participants selected from a list of **12** possible benefits received from the program. *Results indicate:*

**94%** had better stress management skills.

**91%** had better anger management skills.

**96%** were better able to recognize and stop themselves if at risk of harming their child.

**92%** had more knowledge about what child sexual abuse is.

**95%** had more knowledge about what child physical abuse is.

**95%** had more knowledge about what child emotional abuse is.

**96%** were more committed to getting their child appropriate medical care when needed.

**97%** had better parenting skills.

**96%** used more positive parenting skills that teach and guide their children in a loving way rather than harshly.

**95%** knew more about how to get help in their community.

**91%** used community resources available more consistently.

**93%** sought support from friends, family, or others more often.

### Respite Care | 1 program

After program completion, **56** participants selected from a list of **8** possible benefits received from the program. *Results indicate:*

**96%** had better stress management skills.

**98%** were better able to control important things in my life.

**100%** were better able to cope effectively.

**95%** were better able to overcome difficulties.

**100%** were better able to view their child in a positive light.

**100%** knew more about how to get help in their community.

**86%** used community resources available more consistently.

**88%** sought support from friends, family, or others more often.

### Fatherhood | 3 programs

After program completion, **409** participants selected from a list of **29** possible benefits received from the program. The benefits were grouped into 9 categories. *Results indicate:*

**76%** had improvement in workforce development.

**63%** had financial improvement.

**88%** had greater access to community resources.

**67%** improved basic needs.

**90%** had better adult relationships.

**82%** had improved parenting skills.

**60%** had improved child functioning.

**91%** had better coping skills.

**69%** had improved cooperation with court system.



2023-2024 Alabama Department of  
Child Abuse & Neglect Prevention

# Youth

## Congressional District 1

**778 youth** received services through **4 programs** • **9,570 youth** impacted through community awareness activities

### 3rd - 5th Grade Youth Programs

An assessment of **6** targeted outcomes with **190 3rd-5th grade participants** revealed statistically significant improvement in average scores for:

- Social Skill Development
- Abuse Awareness
- Self-confidence
- Emotional Identification and Regulation
- Enhances Assertiveness
- Cooperative Behavior

### 6th - 12th Grade Youth Programs

An assessment of **7** targeted outcomes with **588 6th-12th grade participants** revealed statistically significant improvement in average scores for:

- Emotion Knowledge of Self
- Emotion Knowledge of Others
- Self-confidence
- Social Competence
- Commitment to Avoid Risky & Delinquent Behavior
- Cooperative Behavior
- Abuse Awareness & Resourcefulness

Analyses of data revealed statistically significant improvements ( $p < .001$ ) in ALL target areas on relevant measures of commitment, skill, and knowledge based on average scores from pre-program to post-program.

