

Adults

Congressional District 4

865 adults received services • **67,105 parents and professionals** served through community awareness programs

Parent Education & Home Visiting | 8 programs

After program completion, **685** participants selected from a list of **12** possible benefits received from the program. *Results indicate:*

97% had better stress management skills.

96% had better anger management skills.

98% were better able to recognize and stop themselves if at risk of harming their child.

95% had more knowledge about what child sexual abuse is.

97% had more knowledge about what child physical abuse is.

98% had more knowledge about what child emotional abuse is.

99% were more committed to getting their child appropriate medical care when needed.

99% had better parenting skills.

98% used more positive parenting skills that teach and guide their children in a loving way rather than harshly.

96% knew more about how to get help in their community.

90% used community resources available more consistently.

93% sought support from friends, family, or others more often.

Respite Care | 1 program

After program completion, **36** participants selected from a list of **8** possible benefits received from the program. *Results indicate:*

97% had better stress management skills.

97% were better able to control important things in my life.

97% were better able to cope effectively.

94% were better able to overcome difficulties.

100% were better able to view their child in a positive light.

94% knew more about how to get help in their community.

92% used community resources available more consistently.

100% sought support from friends, family, or others more often.

Fatherhood | 4 programs

After program completion, **144** participants selected from a list of **29** possible benefits received from the program. The benefits were grouped into 9 categories. *Results indicate:*

87% had improvement in workforce development.

78% had financial improvement.

92% had greater access to community resources.

67% improved basic needs.

98% had better adult relationships.

97% had improved parenting skills.

88% had improved child functioning.

99% had better coping skills.

68% had improved cooperation with court system.



2023-2024 Alabama Department of
Child Abuse & Neglect Prevention

Youth

Congressional District 4

1,278 youth received services through **8 programs** • **54,997 youth** impacted through community awareness activities

3rd - 5th Grade Youth Programs

An assessment of **6** targeted outcomes with **613 3rd-5th grade participants** revealed statistically significant improvement in average scores for:

- Social Skill Development
- Abuse Awareness
- Self-confidence
- Emotional Identification and Regulation
- Enhances Assertiveness
- Cooperative Behavior

6th - 12th Grade Youth Programs

An assessment of **7** targeted outcomes with **665 6th-12th grade participants** revealed statistically significant improvement in average scores for:

- Emotion Knowledge of Self
- Emotion Knowledge of Others
- Self-confidence
- Social Competence
- Commitment to Avoid Risky & Delinquent Behavior
- Cooperative Behavior
- Abuse Awareness & Resourcefulness

Analyses of data revealed statistically significant improvements ($p < .001$) in ALL target areas on relevant measures of commitment, skill, and knowledge based on average scores from pre-program to post-program.

