

Evaluation Report Children First Trust Fund (CFTF) Summary



Impact On Adult Participants

15,938 adults in Alabama received services through three types of ADCANP/CTF-funded programs: parent education, home visiting, and public awareness and training. The population served were primarily parents of lower resources, based on work status, education level, and income reported. An additional 132,325 parents and professionals participated in community awareness programs.

One primary funding source provided support:

- The Children First Trust Fund (CFTF)

An independent Evaluation Team from Auburn University's Human Development and Family Science Department documented the outreach and effectiveness of these programs.

74% Women | **26%** Men
52% European American/White | **38%** African American/Black
35 average age
39% reported an annual income of less than \$10,000
39% reported not working for pay
20% reported not completing high school
51% reported a high school degree/GED as their highest level of education

Analyses of data revealed statistically significant improvements ($p < .001$) in ALL target areas on many relevant measures of commitment, skill, and knowledge based on average scores from pre-program to post-program for Parenting Education and Home Visiting programs.

The outcomes are indicators of protective factors that reduce the risk of child maltreatment and promote individual and family strengths.



Parent Education & Home Visiting

51 parent education and home visiting programs provided support and educational programs to parents. An assessment of **7 targeted outcomes** with **2,696 participants** revealed statistically significant improvements in average scores for:

- Stress Management Skills
- Skills to Manage Maltreatment Risk
- Understanding Various Forms of Maltreatment
- Medical Care Commitment
- Parenting Skills & Child Development Knowledge
- Knowledge of and Commitment to Use Support Services
- Use of Informal Support Networks

CFTF-funded programs reduced the likelihood of adults engaging in child abuse/neglect and enhanced the likelihood of current and future strong and stable families.

"These classes show me that I am not alone. Since attending the parenting classes, they helped me learn how to bond with my kids, but still set limits in a different way than I was raised. I feel my relationship with my children has grown since taking these classes."

- Parent Education program participant



Impact On Youth Participants

15,706 youth in Alabama in grades 3-12 were served through 6 ADCANP/CTF-funded programs. These programs offered classes and mentoring services in schools and communities. An additional 11,936 youth participated in community awareness programs.

All were focused on enhancing life skills, school performance, overall well-being, and reducing risks for children of maltreatment. Program objectives included: improved social competence, improved emotion knowledge, improved self-confidence, improved abuse awareness and resourcefulness, increased cooperative behavior, enhanced assertiveness, and avoidance of delinquent behaviors.

Funding for youth programs came primarily from one funding source:

- The Children First Trust Fund (CTFF)

23% in grades 3-5 | **77%** in grades 6-12

56% boys | **44%** girls

63% African American/Black | **27%** European American/White

4% identified as Hispanic/Latino

Analyses of data revealed statistically significant improvements ($p < .001$) in ALL target areas on relevant measures of commitment, skill, and knowledge based on average scores from pre-program to post-program.

The outcomes are indicators of the protective factor: social and emotional competence of children, that reduces the risk of child maltreatment and promotes individual and family strengths.

Grades 3-5 Youth Programs

6 youth focused programs provided educational sessions to youth participants. An assessment of 6 targeted outcomes with 163 3rd-5th grade participants revealed statistically significant improvements in average scores for:

- Social Skill Development
- Abuse Awareness
- Improved Self-Confidence
- Emotion Identification and Regulation
- Enhanced Assertiveness
- Cooperative Behavior

Grades 6-12 Youth Programs

6 youth focused programs provided educational sessions to youth participants. An assessment of 7 targeted outcomes with 553 6th-12th grade participants revealed statistically significant improvements in average scores for:

- Emotion Knowledge of Self
- Emotion Knowledge of Others
- Self-Confidence
- Social Competence
- Commitment to Avoid Risky & Delinquent Behavior
- Cooperative Behavior
- Abuse Awareness & Resourcefulness

