

# Evaluation Report Community Based Child Abuse Prevention (CBCAP) Programs



## Impact On Adult Participants

3,286 adults in Alabama received services through four types of ADCANP/CTF-funded programs: parent education, home visiting, respite care, and public awareness and training. The population served were primarily parents of lower resources, based on work status, education level, and income reported.

An additional 88,936 parents, youth, and professionals participated in community awareness programs.

One primary funding source provided support:

- The Community Based Child Abuse Prevention Program (CBCAP)

An independent Evaluation Team from Auburn University's Human Development and Family Science Department documented the outreach and effectiveness of these programs.

- 87% Women | 13% Men
- 49% European American/White | 42% African American/Black
- 38 average age
- 42% reported an annual income of less than \$10,000
- 43% reported not working for pay
- 12% reported not completing high school
- 41% reported a high school degree/GED as their highest level of education

Analyses of data revealed statistically significant improvements ( $p < .001$ ) in many target areas on many relevant measures of commitment, skill, and knowledge based on average scores from pre-program to post-program for Parenting Education, Home Visiting, and Respite programs.

The outcomes are indicators of protective factors that reduce the risk of child maltreatment and promote individual and family strengths.



## Parent Education & Home Visiting

9 parent education and home visiting programs provided support and educational programs to parents. An assessment of 7 targeted outcomes with 745 participants revealed statistically significant improvements in average scores for:

- Stress Management Skills
- Skills to Manage Maltreatment Risk
- Understanding Various Forms of Maltreatment
- Medical Care Commitment
- Parenting Skills & Child Development Knowledge
- Knowledge of and Commitment to Use Support Services
- Use of Informal Support Networks

## Respite Care

7 respite care programs provided respite services and parent education. An assessment of 4 targeted outcomes with 304 participants revealed statistically significant improvements in average scores for:

- Stress Level
- Positive View of Child
- Knowledge of and Commitment to Use Support Services
- Use of Informal Support Networks

CBCAP-funded programs reduced the likelihood of adults engaging in child abuse/neglect and enhanced the likelihood of current and future strong and stable families

*"Parenting my son with autism is one of the hardest things I have ever known. I have to speak for him. The world doesn't understand him, but I am learning to. It has taken a toll on me, but I feel stronger because of what I am learning."*

*-Respite program participant*