

# Adults

## Congressional District 3

**636 adults** received services • **20,594 parents and professionals** served through community awareness programs

### Parent Education & Home Visiting | 8 programs

After program completion, **417** participants selected from a list of **12** possible benefits received from the program. *Results indicate:*

**97%** had better stress management skills.

**96%** had better anger management skills.

**99%** were better able to recognize and stop themselves if at risk of harming their child.

**96%** had more knowledge about what child sexual abuse is.

**98%** had more knowledge about what child physical abuse is.

**97%** had more knowledge about what child emotional abuse is.

**98%** were more committed to getting their child appropriate medical care when needed.

**99%** had better parenting skills.

**99%** used more positive parenting skills that teach and guide their children in a loving way rather than harshly.

**97%** knew more about how to get help in their community.

**91%** used community resources available more consistently.

**89%** sought support from friends, family, or others more often.

### Respite Care | 1 program

After program completion, **55** participants selected from a list of **8** possible benefits received from the program. *Results indicate:*

**93%** had better stress management skills.

**98%** were better able to control important things in my life.

**97%** were better able to cope effectively.

**90%** were better able to overcome difficulties.

**95%** were better able to view their child in a positive light.

**85%** knew more about how to get help in their community.

**83%** used community resources available more consistently.

**80%** sought support from friends, family, or others more often.

### Fatherhood | 3 programs

After program completion, **164** participants selected from a list of **29** possible benefits received from the program. The benefits were grouped into 9 categories. *Results indicate:*

**96%** had improvement in workforce development.

**91%** had financial improvement.

**96%** had greater access to community resources.

**87%** improved basic needs.

**98%** had better adult relationships.

**97%** had improved parenting skills.

**94%** had improved child functioning.

**96%** had better coping skills.

**86%** had improved cooperation with court system.

# Youth

## Congressional District 3

**1,161 youth** received services through **6 programs** • **7,565 youth** impacted through community awareness activities

### 3rd - 5th Grade Youth Programs

An assessment of **6** targeted outcomes with **561 3rd-5th grade participants** revealed statistically significant improvement in average scores for:

- Social Skill Development
- Abuse Awareness
- Self-confidence
- Emotional Identification and Regulation
- Enhances Assertiveness
- Cooperative Behavior

### 6th - 12th Grade Youth Programs

An assessment of **7** targeted outcomes with **600 6th-12th grade participants** revealed statistically significant improvement in average scores for:

- Emotion Knowledge of Self
- Emotion Knowledge of Others
- Self-confidence
- Social Competence
- Commitment to Avoid Risky & Delinquent Behavior
- Cooperative Behavior
- Abuse Awareness & Resourcefulness

Analyses of data revealed statistically significant improvements ( $p < .001$ ) in ALL target areas on relevant measures of commitment, skill, and knowledge based on average scores from pre-program to post-program.

